

# **chakshusha upanishat**

athaatah chaakshusheem paThitah siddhi vidyaam chashoo roga haraam  
vyaakhyaasyaamo yathaa chakshoo rogaah sarvato nashyanti chakshusho  
deeptirbhavati

om asya chaakshusha vidyaayaah  
ahirbudhnya rushihi  
gaayatree Chandaha  
sooryo devataa  
chakshu roga nivrutaye jape viniyogaha ||

om chakshuh chakshuh chakshuh chakshuhtejah sthiro bhava maam paahi paahi |  
tvaritam chakshu rogaan shamaya shamaya | mama jaataroopam tejo darshaya  
darshaya | yathaa aham andho nasyaam tathaa kalpaya kalpaya |  
kalyaanaNam kuru kuru |

mama yaani yaani poorva janma upaarjitaani chakshuh pratirodhaka dushkrutaani  
rogaaNi sarvaaNi nirmoolya nirmoolya |

om namah chakshuh tejodaatre divyaaya bhaaskaraaya | om namah karuNaakaraaya  
amrutaaya | om nama sooryaaya | om namo bhagavate sooryaaya akshitejase namaha  
| om khecharaaya namaha | om mahate namaha | om rajase namaha | om tamase  
namaha | om sattvaaya namaha | om asato maa sadgamaya | tamaso maa  
jyotirgamaya | mrutyormaa amrutam gamaya | ushNo bhagavaan shuchiroopaha |  
hamso bhagavaan shuchirah pratiroopaha |

ya imaam chaakshushmateem vidyaam braahmaNo nityamadheete na tasya akshirogo  
bhavati | na tasya kule andho bhavati | ashTou braahmaNaan graahayitvaa atha vidyaa  
siddhirbhavati | om vishvaroopam ghruNinam jaatavedasam hiraNmayam purusham  
jyotiroopam | sahasra rashmih shatadhaa vartamaanah purushah prajaanaam  
udayatyesha sooryaha |

om namo bhagavate aadityaaya akshi tejase aho vaahini vaahini svaahaa |

om saha naavavatu | saha nou bhunaktu | saha veeryam karavaavahaihi |  
tejasvi naavadheetamastu maa vidvishaavahaihi |  
om shaanti shaanti shaantihi ||